

## Open Self

INFORMATION ABOUT YOU THAT  
YOU AND OTHERS KNOW.

## Blind Self

INFORMATION ABOUT YOU THAT  
YOU DO NOT KNOW BUT  
OTHERS DO KNOW.

## Hidden Self

INFORMATION ABOUT YOU THAT  
YOU AND OTHERS DO NOT  
KNOW.

## Unknown Self

INFORMATION ABOUT YOU THAT  
NEITHER YOU NOR OTHERS  
KNOW.